

CURRICULUM VITE

Discipline:	Trampoline
Name:	Andrew Freeman

Outline your previous experience and involvement in Gymnastics.

Participation

- Gymnast from age 6 to 21.
- UK Sport funded athlete from age 12 to 21.
- World Class Performance Pathway for trampoline.
- British Team member for double mini trampoline.

Judging

- Regional level judge for trampoline since age 14.
- Regional level judge for double mini trampoline since age 16.
- Selected by British Gymnastics and English Gymnastics to judge at their national events.

Coaching

- UKCC Level 2 coach in tumbling.
- BG Senior Club Coach in trampoline.
- BG Senior Club Coach in double mini trampoline.
- Attended BG Performance Coach for trampoline in August 2018. Awaiting exam.
- 20+ hours coaching a week ranging from leisure to athlete. Age 4 to Adults.
- Manager to 30+ team coaches at Kingston Trampoline Academy
- Coach to gymnasts at British Championships and English Championship level.

Club Owner of Kingston Trampoline Academy

- Director since 2010.
- 300+ members, largest trampoline club in London.
- Main responsibilities: customer service, administration and point of contact for all families.
- Responsible for onboarding and ongoing mentoring of team coaches
- 30+ team coaches on our monthly payroll.
- Lead director for safeguarding, health and safety, fire safety and GDPR/data security.
- Incorporated BG Health & Safety Management System within the business
- Safeguarding and Welfare Officer trained
- Responsible for finance, budgets, business planning and development of business

Caretaker Chair, Trampoline Technical Committee August 2018 – June 2019

- Relooked at regional finances and made difficult decision to increase entry fee
- Held an NDP upskilling day, County judge upskilling day, Regional Team Final training day and an Open Meeting to bring clubs together to educate and listen.
- Worked with BG and the committee to put on County, Regional and DMT judge courses in the region for the first time in a few years.
- Focused on upskilling judges in clubs by adding in early requirements for County and Regional judges at competitions.
- Introduced Range and Conditioning highly commended award to add an incentive to this element of the NDP competitions.

Describe how your personality, experience and skill-set support your nomination as Technical Committee Chairman

Personality

- I like a challenge and I like to learn and pass that knowledge onto others.
- I am someone who likes to listen, gather opinions, research and then decide.
- I believe change is a good thing and sometimes it is the push you need to advance.
- I prefer a conversation to an argument. I like to diffuse angry or emotional topics quickly by explaining the facts in an honest and transparent way.

Experience

- I was selected by the Management Committee to serve as the caretaker chair for trampoline from August 2018 to July 2019. During this time, I held an Open Meeting, listened to clubs and put steps in place to put the TC on a more stable financial footing to support the activities clubs asked for.
 - Regional Team Finals training session held
 - Regional Team Finals coach expenses covered
 - Club, County and Regional levels judge courses held within region for TRA & DMT
 - Upskilling days for the NDP programme and County judge level held
 - Range & Conditioning highly commended awards introduced
- Employment at Active Surrey, a county sports partnership (counterpart is London Sport), from 2010-16. As a publicly funded organisation I engaged with the community, national governing bodies, county associations, boroughs, leisure operators and private organisations. I was involved in the organisation, planning and delivery of the Surrey Youth Games, Surrey Sports Conference, Surrey School Games and Surrey Club and Coach Conference. I was the lead officer for Clubmark, Club Matters, Sportivate, Club Forums and the Club and Coach Conference. I also worked in the following areas: satellite clubs, NGB engagement, volunteering, and coaching.

Skill Set

- Computer literate, competent with Microsoft Office, Google Apps for Business, Mailchimp, Survey Monkey, Text Local, UPS WorldShip, WordPress, iClassPro and GymNet. Experience with Adobe Creative Cloud, Facebook, Instagram, SAP SRM and Twitter. Keyboard skills, touch typing at 50 words per minute. Clean driving licence nine years. Assertiveness, chairing meetings, personal effectiveness and time management training with Surrey County Council.

What does success look like at the end of your three year term in office? Outline how you would drive this discipline forward?

Success will look like...

- A region working together.
- A united competition structure where all clubs and gymnasts can take part
- A professional competition appearance where all clubs adhere to the rules
- Better rankings at the regional team finals. Ask clubs to set a collective performance goal
 - 2018: 10th out of 13 for trampoline
 - 2018: 13th out of 13 for double mini trampoline
- Annual goals for the TC and clubs for develop judges to increase the volunteer pool
- Develop clubs and new coaches through workshops on performance fundamentals

- Trampoline clubs making greater effort to align, get involved and feel part of London Gymnastics: Platten scholarship, club grants, attending the AGM, attending the technical assembly, coach development days, welfare officer development days, etc...

Competitions and Competition Structure

- Finding a new venue big enough for a combined trampoline and double mini trampoline event. Bringing all our competitions streams and clubs back together
- Spend the legacy BTF monies on new equipment – DMT set up, new trampolines and safety matting.
- Finding a storage solution for LG owned equipment between competitions
- Newly qualified Club, County, Regional and DMT judges putting their skills into action
- The quality of coaches and gymnastics performance improving. More clubs entering the English and BG Spring Series in 2020. Higher difficulty values being performed by London gymnasts. Higher placing at Regional Team Finals
- Creating a LG judge/volunteer contact list to help fill unallocated slots at LG events.
- Finding a way to give every gymnast the opportunity to compete at LG events – relooking at judge allocation per club entry or reducing the number of roles

Judge Development and Recruitment

- At the end of each season ask clubs to nominate two members who will work towards becoming judges for the next competition season. The Platten Scholarship can then be promoted. The region then has a continuous stream of judges annually. BG are more likely to put judge courses within region when we have evidence of interested people.
- Continue to offer judge education workshops or mentoring in the region for qualified judges who are nervous or need additional help before attending their County or Regional course.
- Explore T-score. Most regions use this software as UK developed and aligns to NDP.

Coach Development

- Run a series of workshops/squads. This will be open to all and will not exclude lower level coaches or clubs. Coaches can pay a fee and choose to bring a designated number of gymnasts.
- DMT coach course in London. BG are exploring the option of suitable venues.